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## SPOTLIGHT ON... PAUL KING, VOLUNTEER EXTRAORDINAIRE

Paul King has been working hard at the Institute for nine months, and hasn't received a paycheck. He and his wife and son moved here from Washington state in August of 1989 in order for Paul to volunteer a year of his professional services to TMI.

A talented computer scientist, Paul had been involved in the commercial world of systems design since he finished his university studies in 1970. But the scientist, whose thesis was in the area of artificial intelligence, was also interested in the study of human consciousness.

This interest had been developing since his meeting, as a teenager, with a natural psychic. Through experiences, much reading, and even more thinking, Paul became convinced that we are, indeed, more than our physical bodies. His mathematical studies at Stanford were complemented by courses such as Philosophy of the Mind, and by psychic seminars, as he pursued his dual interests with dedication.

In 1970 Paul began working in his profession of computer science and, at the same time, began study of a mystery school discipline which teaches an active form of meditation using life energies "in ways not unlike the 'energy bar tool'." Within this framework, he became a body-worker, and conducted over 1000 sessions to help people free themselves from their psychic loads.

After reading *Journeys Out of the Body* and, later, *Far Journeys*, Paul became a diligent user of Monroe tapes. While he does not necessarily claim cause and effect, he describes this period of his life as characterized by a marked sense of well-being and relaxation, and as a time of significant changes. He gave up his job as designer of computer systems, traded the growing megalopolis of southern California for an island off the coast of Washington, and began to investigate how to use his talents to contribute something worthwhile to humanity. He came close to changing professions—was accepted at several law schools with the intent of becoming an environmental lawyer—but chose instead to offer TMI the professional skills he already had, those of computer science.

Paul attended a *GATEWAY VOYAGE*® in March of 1989. During this richly stimulating week he clarified channels of information, and improved his access to "below the surface material." He states that, "Hemi-Sync® makes it easy for me to quiet my mind, which is very active most of the time. It slows down my brain so I am able to hear more, to listen better."

Resolving not to be controlled by material considerations, he and his family arrived in August, bag and baggage, and Paul's year of developing computer tools for the exploration of consciousness began.

Much has been accomplished since last August. Paul admits to having written a Sound Editor program. His colleagues in the lab say that "his extraordinary programming ability has led to the complete automation of the production of Hemi-Sync. Production time is down; quality is up; a great deal of flexibility has been added to the *PREP*, *EXPLORER*, and research sectors of the lab."

Paul, for his part, has appreciated having ready access to higher guidance through regular *PREP* sessions. And he also appreciates the people who work with him in the lab. "What I value most about them," he says, "is their nonjudgmental attitude. They relate to an enormously wide spectrum of people in a uniformly loving and supportive way, without trying to convert them, or convince them of anything."

At this writing, Paul doesn't know what he'll be doing after his volunteer year at TMI. He does know that his time at the Institute has been invaluable for his own learning and growth. And he feels good about his contribution of research tools to the leading-edge work being done here. As for the future—his guidance will point the way.

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